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The selfish brain : learning from addiction : DuPont ...

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Robert L. DuPont, M.D., in his book *The Selfish Brain*, draws on his experience over the past quarter century in helping people learn about addiction. Here is a book that builds on the growing understanding of the biology of addiction to explore addiction in the family and in our communities. This book can help people confronting addiction in their own lives and in their families.

The Selfish Brain: Learning from Addiction by Robert L ...

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The Selfish Brain: Learning From Addiction takes a comprehensive, no-holds-barred look at the easy path to drug addiction and the tough road to recovery. Written in an easy-to-understand style, this book can help people confront addiction in their own lives and in their families by exploring the biological roots of addiction and the way addicts are allowed to deny their addiction by compassionate, well-meaning people.

The Selfish Brain: Learning from Addiction - Robert L ...

Robert L. DuPont, MD was the first Director of the National Institute on Drug Abuse and the second White House Drug Chief. He then became the founding President of the Institute for Behavior and Health, Inc. , a non-profit drug abuse research and policy organization and also joined the faculty of the Georgetown University School of Medicine as Clinical Professor of Psychiatry.

The Selfish Brain: Learning from Addiction by Robert L. DuPont

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From the basics of brain chemistry to the workings of particular drugs such as alcohol, tobacco, marijuana, cocaine, and heroin, *The Selfish Brain* explains how individuals and communities become trapped in destructive habits--and how various treatments and approaches lead to recovery and whole, healthy lives.

The Selfish Brain: Learning from Addiction - Robert DuPont ...

The Selfish Brain: Learning From Addiction takes a comprehensive, no-holds-barred look at the easy path to drug addiction and the tough road to recovery. Written in an easy-to-understand style, this book can help people confront addiction in their own lives and in their families by exploring the biological roots of addiction and the way addicts are allowed to deny their addiction by compassionate, well-meaning people.

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Get FREE shipping on The Selfish Brain by Robert L. Dupont, from wordery.com. Why is the brain so vulnerable to the effects of alcohol and other drugs? How does addiction echo through families, cultures, and history? What is it that families and communities do to promote or prevent addiction?

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The German retaliated at being called 'selfish' and said Wilder was the same Wilder was asked about the comments after his side's defeat to West Brom He said that every club had a right to 'defend ...

The Selfish Brain explains how individuals and communities are affected by drugs such as alcohol, tobacco, marijuana, cocaine, and heroin, and how treatment can lead to whole healthy, lives. Why is the brain so vulnerable to the effects of alcohol and other drugs? How does addiction echo through families, cultures, and history? What is it that families and communities do to promote or prevent addiction? These are some of the questions that this thorough, thoughtful, and well-reasoned book answers--in clear, comprehensible terms. From the basics of brain chemistry to the workings of particular drugs such as alcohol, tobacco, marijuana, cocaine, and heroin, The Selfish Brain explains how individuals and communities become trapped in destructive habits--and how various treatments and approaches lead to recovery and whole, healthy lives.

Arguing for an evolutionary perspective, this book directly challenges the Standard Social Science Model (SSSM) on which public policy has often been based. The SSSM maintains that human behavior is solely the product of culture and learning. In sharp contrast, the Evolutionary Model (EM) holds that our behavior flows from the interaction between learning and culture, on the one hand, and biological factors--especially our evolutionary legacy--on the other. These different approaches to human behavior understandably lead to divergent conceptions of sound domestic and foreign policy. The SSSM views human behavior as essentially plastic and thus readily changed by governmental action. Disagreeing, the Evolutionary Model sees that malleability as seriously limited by our species' evolved propensity for aggression, status seeking, xenophobia, ethnocentrism, and hierarchical social structures.

This wide-ranging handbook brings together experts in the sociology of drug abuse prevention. Providing a comprehensive overview of the accumulated knowledge on prevention theory, intervention design, and development and prevention research methodology, this work also promotes prevention science as an evolving field in the practice and policy of drug abuse prevention.

The political and policy implications of recent developments in neuroscience, including new techniques in imaging and neurogenetics. New findings in neuroscience have given us unprecedented knowledge about the workings of the brain. Innovative research--much of it based on neuroimaging results--suggests not only treatments for neural disorders but also the possibility of increasingly precise and effective ways to predict, modify, and control behavior. In this book, Robert Blank examines the complex ethical and policy issues raised by our new capabilities of intervention in the brain. After surveying current knowledge about the brain and describing a wide range of experimental and clinical interventions--from behavior-modifying drugs to neural implants to virtual reality--Blank discusses the political and philosophical implications of these scientific advances. If human individuality is simply a product of a network of manipulable nerve cell connections, and if aggressive behavior is a treatable biochemical condition, what happens to our conceptions of individual responsibility, autonomy, and free will? In light of new neuroscientific possibilities, Blank considers such topics as informed consent, addiction, criminal justice, racism, commercial and military applications of neuroscience research, new ways to define death, and political ideology and partisanship. Our political and social institutions have not kept pace with the rapid advances in neuroscience. This book shows why the political issues surrounding the application of this new research should be debated before interventions in the brain become routine.

Deviant Behavior, 10/e by Erich Goode provides a comprehensive study of the behavior, beliefs, conditions, and reactions to deviance, giving students a better understanding of this phenomenon. Deviance is discussed from the sociological perspectives of positivism and constructionism. Readers will grasp the reason behind deviant behavior through the positivist perspective and why certain actions, beliefs, and physical characteristics are condemned through the constructionist perspective.

"The Anxiety Cure is a warm, wise, and thoroughly wonderful book for people with anxiety disorders and for everyone who cares about them." -- From the Foreword by Jerilyn Ross, M.A., L.I.C.S.W., President, Anxiety Disorders Association of America, and author of Triumph Over Fear "The Anxiety Cure is sure to enjoy substantial popularity and will be used widely by anxious people, their families, and therapists." -- R. Reid Wilson, Ph.D., author of Don't Panic One in four people suffers from some form of anxiety-- and for millions, the symptoms can be crippling. Fortunately, anxiety disorders are highly treatable. Written in a friendly and reassuring manner, The Anxiety Cure offers both sufferers and their loved ones immediate, long-lasting relief. The

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authors share their step-by-step methods for dealing with the six main types of anxiety, including panic disorder, agoraphobia, generalized anxiety disorder, specific phobias, and obsessive-compulsive disorder, along with treatment prescriptions and easy relaxation techniques. Grounded in the authors' own treatment of thousands of clinically anxious people, *The Anxiety Cure*: * Reveals how to manage anxiety at home and at work * Provides action plans for friends, family, and support people * Features dramatic stories as well as boxes, tools, and forms to chart your personal progress * Outlines lifesaving strategies for anxious people with alcohol or drug problems *The Anxiety Cure* is written by a father and his two daughters-- now in clinical practice together-- who tell the inspiring story of how they overcame anxiety in their family. Completely revised and updated, this practical guide features a chapter on anxiety and terrorism and an updated section on the latest medications.

The most comprehensive source for the latest research and practice techniques for diagnosing and treating addictive disorders "This book brings together an array of international experts on addictive disorders. Robert Coombs's *Handbook of Addictive Disorders* discusses the contemporary issues surrounding the understanding of addiction, from diagnosis to treatment of an addicted client. The *Handbook of Addictive Disorders* is an example of practical and clinical information at its best." -Lorraine D. Grymala, Executive Director American Academy of Health Care Providers in the Addictive Disorders The *Handbook of Addictive Disorders: A Practical Guide to Diagnosis and Treatment* is a comprehensive, state-of-the-art resource, featuring valuable contributions from a multidisciplinary team of leading experts. This unique guide deftly defines addiction and examines its comorbidity with other problems. Subsequent chapters present an overview of addictive disorders coupled with strategies for accurately diagnosing them, planning effective treatment, and selecting appropriate interventions. Chapters on public policy and prevention are of indispensable value in light of this growing health concern. The only reference available to cover the full spectrum of addictions and addictive behaviors, the *Handbook of Addictive Disorders* provides the most current research and treatment strategies for overcoming: Chemical dependency Workaholism Compulsive gambling Eating disorders Sex addiction Compulsive buying This useful guide features case studies, figures and diagrams, lists of practical interventions for each disorder, and self-assessment exercises for clients. Psychologists, addiction counselors, social workers, and others working in the addictions field will find the *Handbook of Addictive Disorders* to be an essential resource for practical, validated information on all types of addictions and their related problems.

From bestselling author Gabor Maté, the essential resource for understanding the roots and behaviors of addiction--now with an added introduction by the author. Based on Gabor Maté's two decades of experience as a medical doctor and his groundbreaking work with the severely addicted on Vancouver's skid row, *In the Realm of Hungry Ghosts* radically reenvision this much misunderstood field by taking a holistic approach. Dr. Maté presents addiction not as a discrete phenomenon confined to an unfortunate or weak-willed few, but as a continuum that runs throughout (and perhaps underpins) our society; not a medical "condition" distinct from the lives it affects, rather the result of a complex interplay among personal history, emotional, and neurological development, brain chemistry, and the drugs (and behaviors) of addiction. Simplifying a wide array of brain and addiction research findings from around the globe, the book avoids glib self-help remedies, instead promoting a thorough and compassionate self-understanding as the first key to healing and wellness. *In the Realm of Hungry Ghosts* argues persuasively against contemporary health, social, and criminal justice policies toward addiction and those impacted by it. The mix of personal stories—including the author's candid discussion of his own "high-status" addictive tendencies—and science with positive solutions makes the book equally useful for lay readers and professionals.

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