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Kissing naturally relaxes you. When humans kiss, their brains release chemicals like oxytocin, dopamine and serotonin. Oxytocin is the chemical linked to pair-bonding, and it's been nicknamed the "the love hormone" for a reason. These increased endorphins make the body feel good, aiding in feelings of attachment.

Why Do We Kiss? The Science Behind Kissing (and Why It's ...

The Science of Kissing will no doubt do something similar. From the neurology of smooching to practical tips on locking lips, Sheril Kirshenbaum makes reading about this strange and fascinating practice almost as much fun as doing it."--Sam Kean, New York Times-bestselling author of *The Disappearing Spoon*.

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The Science Of Kissing: What Our Lips Are Telling Us

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Oxytocin, otherwise known as the 'love hormone', fosters feelings of affection and attachment. This is the same hormone that is released during childbirth and breastfeeding. Finally, the levels of serotonin present in the brain whilst kissing look a lot like those of someone with Obsessive Compulsive Disorder.

What's in a kiss? The science of smooching | British Council

Those who study the science of smooching, or encoded philematology, say that the reason humans kiss is still up for debate despite decades of research. It may be an innate, subconscious move...

The Science of Kissing: What's Going on When You Swap Spit ...

The Science of Kissing: What Our Lips Are Telling Us. The Science of Kissing. : Sheril Kirshenbaum. Grand Central Publishing, Jan 5, 2011 - Science - 272 pages. 3 Reviews. From a noted science...

The Science of Kissing: What Our Lips Are Telling Us

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What do we know about the "science" of kissing? Researcher and author Sheril Kirshenbaum shows we know surprisingly little in *The Science of Kissing*. "Kissing is a type of universal language, best interpreted by those involved in the exchange." pg 209 To start, I didn't know that humankind wasn't the only species to demonstrate "kissing" behavior.

The Science of Kissing: What Our Lips Are Telling Us

Acces PDF The Science Of Kissing What Our Lips Are Telling Us Sheril Kirshenbaum

by ...

The Science of Kissing (2011) explains why kissing is so rooted in both human and animal biology, what happens physiologically when we do it and why it's a lot more important than you may realize. Anyone who enjoys a passionate kiss. Students of biology, sociology or history.

The Science of Kissing by Sheril Kirshenbaum

Because a kiss brings two individuals together in an exchange of sensory information by way of taste, smell, touch, and possibly even silent chemical messengers called pheromones (odorless airborne signals), it has the potential to provide all kinds of insight into another person.

The Science of Why We Kiss - Brain Pickings

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The Science Of Kissing What Our Lips Are Telling Us [EBOOK]

The Science of Kissing ist ein sehr informatives Buch über ein definitiv interessantes Thema, welches, wie die Autorin auch feststellen musste, bislang irgendwie gar nicht sonderlich stark erforscht wurde. Während ich einige der erwähnten Studien und Forschungsergebnisse bereits aus anderen Zusammenhängen heraus kannte, gibt es hier dennoch ...

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The Science of Kissing: What Our Lips Are Telling Us

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At the risk of ruining a good thing, here it goes: The scientific term for kissing is “osculation,” while the science of studying kissing is “philematology.” Osculologists (these are the scientists who study kissing) tell us that we use no less than 34 of our facial muscles, and perhaps up to 146 total body muscles, when we kiss.

Prelude to a Kiss: The Science of Kissing » Brain World

The Science of Kissing is a great book. It brings together lots of information from around the world, including small tribes and people who live on small, far away islands. Some of the information seemed very obvious, like women are less likely to go from kissing right to sex, but men don't even need to kiss to move to sex.

The Science of Kissing: What Our Lips Are Telling Us

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The science of kissing "Pucker Up" is what lovers do before indulging in a kiss. It's also part of the curriculum in the classroom our Faith Salie has visited: No, these students are not "kissing..."

The science of kissing - CBS News

The official term is philematology, which means, quite literally, the science of kissing. Experts (yes, pros who study kissing are actually a thing!) are less concerned with whether people are...

The Science of Kissing | Teen Vogue

Evolutionary biologists suggest that erotic kissing is a

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so-called relic gesture, passed down through cultures from these early practices of the mother's deep kissing and the infant's searching...

Science of kissing: why a kiss is not just a kiss

Kirshenbaum examines both lips and kissing from an evolutionary, psycho-social, and biological point of view - each of which is equally fascinating. The lips alone are kind of a mind-blowing structure; densely packed with nerve endings, the lips respond intensely to every kind of stimuli which, in turn, triggers a massive response in the brain.

The Science Of Kissing: What Our Lips Are Telling Us
By ...

It may surprise you, but scientists actually believe that the romantic kiss we know now evolved from kiss-feeding, a process in which mothers would feed their babies mouth-to-mouth. Although this may not sound very pleasant, it was a common practice for humans and is thought to have led to the affectionate kissing we know today.

Science of kissing - Labello

Kissing is good for your health in many ways: Reduces pain and stress. A kiss triggers the release of endorphins (natural painkillers which also enhance pleasure) and lowers cortisol levels (which influence stress).

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