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I train my staff (and they train themselves) in evidence-based approaches (CBT, EMDR for Trauma) as well as short-term approaches, such as hypnosis, mindfulness, Reiki, acupoint tapping (EFT ...

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EMDR Therapists near Kinnelon, NJ

During her fellowship, she was accepted into the RSDP scholar program, an NIH-funded physician-scientist training program committed to training young obstetrician-gynecologists in biomedical science.

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Reiki master and best-selling author Diane Stein has been a dedicated hands-on healer since 1988. Stein believes strongly that this powerful healing art, once a closely guarded secret tradition, should be accessible and available to all. Since she began

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renews the human body in ways we've only begun to understand. A pioneer in bringing Reiki into mainstream medical practice, Miles draws on her unique background to explain how this therapeutic technique, which involves a gentle laying on of the hands, complements

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conventional medical treatments and can hasten recovery from invasive surgical procedures, as well as ease the symptoms of cancer, insomnia, depression, anxiety, and other conditions. With compassion, wisdom, and the accumulated experience that comes from nearly

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twenty years as a Reiki practitioner, Pamela Miles empowers readers by showing how simple it is to take.

Reiki is an ancient healing art passed down through generations, rediscovered by Dr. Mikao Usui in Japan. It involves the channeling of

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life force energy and is a simple hands-on technique that anyone can learn.

This manual may be used for teaching Reiki Level III/ART certification courses or simply by those interested in energy healing and self-development. Topics include: •Learn the Usui Master symbol and how to

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 - How to clear spaces.

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- Determining which Reiki tools to use.
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Master. This guide will be helpful for individuals wishing to explore Reiki before taking a formal class. It can also be used as a manual within Reiki courses. Those wishing to review their understanding from their Reiki courses will also find this manual helpful. This book will serve as a

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For the Reiki Master Teacher; The First Degree Reiki Manual provides you, as a Master Teacher, with a manual which can be presented to your Reiki students on completion of the 1st Degree Reiki Course. This instruction manual, whilst adhering to traditional Mikao Usui Reiki principles, also

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conforms to today's modern professional teaching methods previously approved by the Scottish Qualifications Authority, and will serve as a reminder of all the information that students require. This provides a strong foundation for Students beginning their Reiki

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Journey. For the 1st Degree Reiki Student; The First Degree Reiki Manual provides you, as a student, with everything that you need to refresh the knowledge gained during your Reiki course to help you to practice this healing discipline for the 'Highest Good' and for yourself.. You

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For Reiki Students - Hand Positions - Reiki levels from 1st Degree / 2nd Degree / 3rd Degree (Master) and / Master Teacher.

This is something different. Rather than being a book about Reiki for the general public to read, this is a copy

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For the actual training manual given to First Degree students of Reiki Evolution, the well-known UK Reiki training organisation. The manual is different for several reasons. Firstly, it is easy-to-read, down-to-earth and really comprehensive, a complete and clear guide to the practice of Reiki at

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For Degree, ideal for people finding out about Reiki for the first time, and ideal for practitioners and Master alike. The manual is all about Reiki, and Reiki alone, rather than about various New Age practices that have crept into Reiki over the years, like crystals and Angels and spirit guides.

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And rather than presenting the Western style of Reiki that is covered in most Reiki books on the market (usually described as traditional Usui Reiki), this manual focuses on the form of Reiki that was taught by Reiki's founder, Mikao Usui, in the 1920s in Japan, and is based on information

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coming from a group of elderly students of Reiki's founder. In its original form Reiki was not so much a treatment method as a simple self-healing and self/spiritual-development method which could potentially be used on other people. So in this manual you will learn

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authentic energy practices that you can use on yourself each day to further your self-healing and your spiritual development, you will focus on the Reiki precepts (in their original form, not the altered Western version), and you will learn about the role of mindfulness in the original

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system. The manual presents a wealth of background information about Reiki, including an up to date history of Reiki, and you will also learn a simple and non-dogmatic approach to working on yourself and treating others. Many people attending Reiki courses do not receive any sort of a

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For Reiki Students, or perhaps just a few sheets of paper, and the Reiki Evolution Shoden manual will be of great help to those who have already learned Reiki, but who want to have more of a solid introduction to the subject, or who want to learn more about the system that Reiki's founder

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was teaching, rather than the Western version taught on most Reiki courses. It also provides a comprehensive introduction to Reiki for those who are interested in finding out about Reiki for the first time.

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