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HEADACHE Episodic
versus chronic types. .

Tension-type headache
(or simply tension
headache) is the most
common... Diagnostic

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features. . There is a tremendous degree of interpatient variability in the natural course that tension...

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“ Cervicogenic
headache is a secondary

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Headache, which means that it is caused by another illness or physical issue. In the case of cervicogenic headache, the cause is a neck disorder or lesion. Headache causally associated with cervical myofascial tender spots or pericranial tenderness.

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Headaches or
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Management offers
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clear guidance for
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physical examination
and identification of
underlying patho-

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physiological and functional causative and maintaining features, together with manual as well as more invasive treatment options. It is the first text to provide such a comprehensive compilation of the best evidence - both empirical and clinical - regarding physical therapy care of patients with tension and

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cervicogenic headache.

Cervicogenic Tension-Type and Headache Patho: Cervicogenic Headache: Pathophysiology ...

Cervicogenic Headaches A frequently misdiagnosed condition, Management contemporary Issues in Physical

cervicogenic headache (CH) is a secondary headache provoked by a disorder of the cervical spine, causing referred symptoms of pain which

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are perceived as a
headache.

Cervicogenic
Headaches - Symptoms,
Causes, Diagnosis ...

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19 received typical

chiropractic care with
daily home use of the
sap the intervention
period was 4 weeks the
main outcome measure
was headache

10+ Tension Type And
Cervicogenic Headache
By Fernandez De ...

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It is often a sequela of head or neck injury but may also occur in the absence of trauma. The clinical features of cervicogenic headache may mimic those commonly associated with primary headache disorders such as tension-type headache, migraine, or hemicrania continua, and as a result, distinguishing

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among these headache types can be difficult.

Cervicogenic Headache:
A Review of Diagnostic
and ...

If you suspect your head pain is being referred from your neck, a team of doctors can help differentiate cervicogenic headache from other headache disorders. Remember,

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migraines and tension-type headaches (two of the most common types of headaches) cause similar symptoms of neck pain and muscle tenderness in the back of the head or upper neck.

Cerviogenic Headache:
Symptoms, Causes, and
Treatment

This textbook on
Tension-Type and

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Cervicogenic Headache

is another brilliant contribution to our understanding of this devastating condition!

This is a rare book written by many different professionals who treat this difficult human problem, and it includes pharmacological (the most common) and non-pharmacological (the

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most underused and potentially most effective) approaches to this problem.

Tension-Type and Cervicogenic Headache: Pathophysiology ...

Cervicogenic headaches are considered secondary headaches.

This means that they are caused by a different illness or physical

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condition. Many times, patients that are experiencing this type of pain will complain of headaches, but the actual source of the pain is in their neck.

Migraine Headaches vs
Cervicogenic Headache
| Dr. Michael ...

Because cervicogenic headaches arise from problems in the neck,

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different conditions can trigger this type of pain.

These include degenerative conditions like osteoarthritis, a prolapsed disc in...

Cervicogenic Headache:
Symptoms, Causes, and
Treatments

Cervicogenic headache (CGH) occurs when pain is referred from a specific source in the

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neck up to the head.

This pain is commonly a steady ache or dull

feeling, but sometimes

the pain intensity can

worsen. CGH

symptoms are usually

side-locked, which

means they occur on

one side of the neck,

head, and/or face. See

Neck Pain and

Cervicogenic Headache

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What Is Cervicogenic
Headache? - Spine-
health

Tension-type and
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Pathophysiology,
Diagnosis, and
Management by César
Fernández-de-las-
Peñas, Lars Arendt-
Nielsen and Robert D.
Gerwin Foreword by

Leon Chaitow Since all
clinicians are confronted

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with demands for clinical choices to be evidence-based, or evidence-informed, there is a need for clarification as to just what this means. Sackett (2000) observed that ...

Contemporary
Tension-type and
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Pathophysiology ...

Headaches can be caused by tension,

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cervicogenic, stress,
hypertension, sinus,
migraines, hormone,
cluster, allergy etc.

Tension-type headaches
(TTH) are based on a
patient ' s description of
the headache and the
location. Tension-type
headaches usually have
mild to moderate
symptoms and are not
accompanied by nausea
or vomiting, sensitivity

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Where is my tension
headache coming from?

- REP Physio ...

Most people have
Diagnosis And
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40% of us will have one
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at least once a year (2).
Issues in
Physical
If you experience the
chronic pattern of
tension headaches then
it can affect different

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aspects of your life, such as work attendance and quality of life (3). ...

Chaibi A, Russell MB (2012). Manual therapies for cervicogenic ...

How to Get Rid of Tension Headaches - Align Body Clinic
The type of headache will determine the correct treatment:

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cervicogenic headache, migraines, and tension headaches all have different indications.

Some of the indications that physical therapy may help resolve your pain are outlined below.

Cervicogenic Headache:
Can physical therapy help?

Chronic tension-type headache (a primary

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Headache disorder) and
cervicogenic headache
(a secondary headache
disorder that is
attributable to upper
cervical spine pathology)
share similar clinical
manifestations, but their
associated personality
traits may differ.

Personality
Characteristics of Male
Sufferers of Chronic ...

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The term cervicogenic headache is commonly misused and does not simply apply to a headache associated with neck pain; many headache disorders, including migraine and tension-type headache, can have associated neck pain/tension.

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