

Reclaim Your Life Your Guide To Aid Healing Of Endometriosis

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Jean J. Jensen is a therapist and the author of Reclaiming Your Life: A Step-by-Step Guide to Using Regression Therapy to Overcome the Effects of Childhood Abuse. Contemporary Psychology said the book |provides practical and compassionate guidance on dismantling the childhood defenses of repression and denial.| Jensen earned her MSW Degree from the University of Minnesota School of Social Work in 1963.

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