

## Polar Ft7 Manual English

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Polar FT7 User Manual - Support | Polar Global Page 1 ENGLISH Polar FT7 User Manual... Page 2: Table Of Contents ENGLISH CONTENTS 1. BENEFITS OF YOUR POLAR FT7 TRAINING COMPUTER.....3.2. GET STARTED .....4 Get to Know Your Polar FT7 Training Computer .....4 FT7 Buttons and Menu .....4 Start With Basic Settings.....5.3. TRAINING..... 6 Wear the Transmitter..... Page 3: Benefits Of Your Polar Ft7 Training Computer ENGLISH 1. BENEFITS OF YOUR ...

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