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Fascinating and rewarding, Mind Wide Open speaks to brain buffs, self-obsessed neurotics, barstool psychologists, mystified parents, grumpy spouses, exasperated managers, and anyone who enjoys speculating and gossiping about the motivations and behaviors of other human beings. Steven Johnson shows us the transformative power of understanding brain science and offers new modes of introspection and tools for better parenting, better relationships, and better

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Mind Wide Open: Your Brain and the Neuroscience of ...

In Mind Wide Open, Johnson embarks on this path as his own test subject, participating in a battery of attention tests, learning to control video games by altering his brain waves, scanning his own brain with a \$2 million fMRI machine, all in search of a modern answer to the oldest of questions: who am I?

Mind Wide Open: Your Brain and the Neuroscience of ...

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Mind Wide Open: Your Brain and the Neuroscience of ...

Mind Wide Open is particularly strong in its discussion of memory and emotions (fear, love) and on the role of the body's own drugs, which cocaine and the like mimic. As part of his summing up, Johnson has a wonderful discussion of how Freud can be updated to provide a modern theory of psychology.

Mind Wide Open: Your Brain and the... book by Steven Johnson

Mind Wide Open : Your Brain and the Neuroscience of Everyday Life by Steven Johnson (2005, Trade Paperback) The

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Mind Wide Open : Your Brain and the Neuroscience of ...

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Book Description: Given the chance to observe the inner workings of their own brain, Steven Johnson jumps at the opportunity. In the 21st century, Johnson observes, we 've become used to ideas such as "adrenaline rushes" and "serotonin levels," without really recognizing that complex neurobiology has become a commonplace thing to discuss.

Mind Wide Open: Your Brain and the Neuroscience of ...

Mind Wide Open: Your Brain and the

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Neuroscience of Everyday Life

(Hardcover) Published January 27th 2004
by Scribner Book Company. Hardcover,
274 pages. Author (s): Steven Johnson
(Goodreads Author) ISBN: 0743241657
(ISBN13: 9780743241656) Edition
language: English.

Editions of Mind Wide Open: Your Brain and the ...

Mind Wide Open: Your Brain and the
Neuroscience of Everyday Life. New York:
Scribner, 2004. Steven Johnson believes
that learning about the brain's mechanics
can widen one's self-awareness as
powerfully as any therapy or meditation or
drug.

Mind Wide Open: Your Brain and the Neuroscience of ...

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Open Your Brain and the Neuroscience of
Everyday Life. Author. Steven Johnson.
Publisher. Scribner. ISBN. 0-7432-4165-7.
Published Date. 2004. A Book Review by:
Paul Harris, OD. Johnson ' s writing style
is very engaging.

Mind Wide Open Your Brain and the Neuroscience of Everyday ...

Fascinating and rewarding, Mind Wide Open speaks to brain buffs, self-obsessed neurotics, barstool psychologists, mystified parents, grumpy spouses, exasperated managers, and anyone who enjoys speculating and gossiping about the motivations and behaviors of other human beings. Steven Johnson shows us the transformative power of understanding brain science and offers new modes of introspection and tools for better parenting, better relationships, and better living.

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Mind Wide Open | Book by Steven
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Main Mind Wide Open: Your Brain and the Neuroscience of Everyday Life. Mind Wide Open: Your Brain and the Neuroscience of Everyday Life Steven Johnson. Year: 2004. Publisher: Scribner. Language: english. ISBN 10: 0743258797. File: EPUB, 634 KB. Send-to-Kindle or Email . Please login to your account first;

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TODAY'S CUTTING-EDGE BRAIN
RESEARCH, MIND WIDE OPEN IS AN
UNPRECEDENTED JOURNEY INTO
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THEMSELVES AND THE PEOPLE IN
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BEFORE. Using a mix of experiential
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describes how the brain works -- its
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Mind wide open : your brain and the
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Steven Johnson Given the opportunity to
watch the inner workings of his own brain,
Steven Johnson jumps at the chance. He

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reveals the results in Mind Wide Open, an engaging and personal account of his foray into edgy brain science.

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Mind Wide Open on Apple Books

Minds wide open. A documentary that shows how we can advance humanity by unlocking the secrets of the mind. Winner of London Brand Film Festival Gold Award (2019) 2 Gold and 1 Bronze World Medals for New York Film Festivals TV & Film Awards (2019) Gold Standard Award for Broadcast and Video, Hong Kong (2018)

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