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Hypertension and You: Old Drugs, New Drugs, and the Right Drugs for Your High Blood Pressure Blood Pressure blood pressure books blood , Drugs , High , Hypertension , pressure , Right Many of the nearly 70 million Americans with hypertension (high blood pressure) would like to bring it under control through lifestyle changes such as losing weight, cutting back on salt, exercising, or reducing ...

Hypertension and You: Old Drugs, New Drugs, and the Right ...

Hypertension and You: Old Drugs, New Drugs, and the Right Drugs for Your High Blood Pressure is a read for those already taking blood pressure medication - and is the first book to maintain that there's

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Hypertension and You: Old Drugs, New Drugs, and the Right ...

The target blood pressure reading for the over-80s is below 150/90 mmHg when it's measured in the clinic or surgery, and below 145/85 mmHg for home readings. While there are definite benefits from taking medicines to reduce blood pressure if you're under the age of 80, it's less clear it's useful if you're over 80.

High blood pressure (hypertension) - Treatment - NHS

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Hypertension and You Old Drugs New Drugs and the Right Drugs for Your High Blood Pressure Product Description Many of the nearly 70 million Americans with hypertension (high blood pressure) would like to bring it under control through lifestyle changes such as losing weight, cutting back on salt, exercising, or reducing stress.

Hypertension and You: Old Drugs, New Drugs, and the Right ...

diuretics – such as indapamide and bendroflumethiazide. beta blockers – such as atenolol and bisoprolol. alpha blockers – such as doxazosin. other diuretics – such as amiloride and spironolactone.

The medicine recommended for you will depend on things like how high your blood pressure is, your age and your ethnicity.

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High blood pressure (hypertension) - NHS

Your blood pressure treatment goal depends on how healthy you are. Your blood pressure treatment goal should be less than 130/80 mm Hg if: You're a healthy adult age 65 or older. You're a healthy adult younger than age 65 with a 10 percent or higher risk of developing cardiovascular disease in the next 10 years.

High blood pressure (hypertension) - Drugs.com

1.4.13 Consider antihypertensive drug treatment in addition to lifestyle advice for people aged over 80 with stage 1 hypertension if their clinic blood pressure is over 150/90 mmHg. Use clinical judgement for people with frailty or multimorbidity (see also NICE's guideline on multimorbidity).

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Recommendations | Hypertension in adults: diagnosis and ...

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Hypertension and You: Old Drugs, New Drugs, and the Right ...

Hypertension and You is directed at the more than 50 million Americans (including a majority of people over the age of 60) who are taking blood pressure medication. Many patients suspect they might be on the wrong medication, but don't kw eugh to be sure.

Hypertension and You: Old Drugs, New Drugs, and the Right ...

There are many different high blood pressure medications

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(antihypertensives) available, each with pros and cons. Your doctor might prescribe more than one type to treat your condition. If you have high blood pressure or are at risk of developing it, lifestyle changes can help keep your numbers under control. But you might need medication too.

Choosing blood pressure medications - Mayo Clinic

This can cause high blood pressure. Diuretics are important if you have high blood pressure because they help to bring your blood pressure down. (They may also help to bring down the blood pressure in your blood vessels.) You should only need a fairly low dose of this type of drug to help treat high blood pressure levels.

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