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~~Fit and Well: Core Concepts and Labs in Physical Fitness ...~~

In American and Canadian English, fit is often uninflected in the the past tense and as a past participle. Outside North America, writers typically favor fitted for these uses, but fit appears some of the time. But as adjectives, fit and fitted do have a distinction: fit means healthy or appropriate, and fitted means designed to fit.

~~How to Use Fit vs. fitted Correctly - Grammarist~~

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