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*Carl Rogers on Personal Power - Center for Studies of the ...*

Rogers, C. R. (1977). Carl Rogers on personal power.

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Carl Rogers on Personal Power by Rogers, Carl R., September 1978, Trans-Atlantic Publications edition, in English

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*Carl Rogers on Personal Power (September 1978 edition ...*

Carl Rogers believed that for a person to achieve self-actualization they must be in a state of congruence. According to Rogers, we want to feel, experience and behave in ways which are consistent with our self-image and which reflect what we would like to be like, our ideal-self.

*Carl Rogers | Simply Psychology*

Alternative Title: Carl Ransom Rogers. Carl Rogers, in full Carl Ransom Rogers, (born January 8, 1902, Oak Park, Illinois, U.S.—died February 4, 1987, La Jolla, California), American psychologist who originated the nondirective, or client-centred, approach to psychotherapy, emphasizing a person-to-person relationship between the therapist and the client (formerly known as the patient), who determines the course, speed, and duration of treatment.

*Carl Rogers | Biography & Facts | Britannica*

Carl Ransom Rogers (January 8, 1902 – February 4, 1987) was an American psychologist and one of the founders of the humanistic approach (or client-centered approach) to psychology. Rogers is widely considered to be one of the founding fathers of psychotherapy research and he was honored for his pioneering research with the Award for Distinguished Scientific Contributions by the American

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## *Carl Rogers - Wikipedia*

April 9, 2016 009 – Power in Counselling – Carl Rogers’ Biography – Skill of Challenge – Psychopathology In the ninth episode of the Counselling Tutor Podcast, Ken Kelly and Rory Lees-Oakes talk about the role of power in the therapeutic relationship. Rory presents on the life of Carl Rogers, while Ken explains the skill of challenging.

## *009 – Power in Counselling – Carl Rogers’ Biography ...*

Carl Rogers on improving relationships Francis O’Neill Carl Rogers. Probably most people have heard of Carl Rogers but, if you haven’t, let me tell you that he, and Abraham Maslow, pioneered the humanistic movement in psychotherapy. Carl Rogers on improving relationships. This movement gave rise to the concept of putting the person, the learner, the client, the customer at the centre of ...

## *Carl Rogers on improving relationships | Some Inspiration*

Carl Ransom Rogers, Howard Kirschenbaum, Valerie Land Henderson (1989). “The Carl Rogers Reader”, p.13, Houghton Mifflin Harcourt 155 Copy quote

## *TOP 25 QUOTES BY CARL ROGERS (of 101) | A-Z Quotes*

On Personal Power: Inner Strength and Its Revolutionary Impact (Psychology/self-help) Paperback – 27 Feb. 1978. by Carl Rogers (Author) 4.5 out of 5 stars 23

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*On Personal Power: Inner Strength and Its Revolutionary ...*

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*Full text of "Carl Rogers On Personal Power"*

Carl Rogers often spoke of the control we have over destiny, about experience and personal growth, as well as the value of people and relationships. Since the 1950's, Carl Rogers has been an eminent figure in the field of humanistic psychology. His best-known publications are Client-Centered Therapy (1951), and Becoming a Person (1961).

*7 of the Best Quotes from Psychologist Carl Rogers ...*

Carl Rogers, founder of person centered psychotherapy, outlined three essential ingredients of a successful therapeutic relationship - unconditional positive regard, genuineness and empathy.

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Active Listening is a short 1957 work by Drs. Carl R. Rogers and Richard E. Farson, two influential American psychologists. The work brings the counselling technique of active listening to the layperson, demonstrating how it can be applied to interactions between an employee and employer. Carl R. Rogers (1902-1987) was one of the pioneers of the "client-centered" approach to psychotherapy. He is considered one of the founding fathers of modern psychotherapy research and is widely regarded among others in the field as the most influential psychotherapist of all time - viewed even more highly than Sigmund Freud. Dr. Rogers served as a professor of psychology at the University of Chicago, where he set up the university's counselling and research clinic, the Industrial Relations Center. He wrote many books on psychotherapy, and in later years, travelled the world to bring his theories to areas of great political and social strife like Northern Ireland, South Africa, and Brazil. Richard E. Farson (1926-2017) had already completed his bachelor's and master's degrees when he met Dr. Rogers in 1949. Dr. Rogers invited Farson to continue his studies with him at the University of Chicago. Farson became Dr. Rogers' research assistant while he completed his Ph.D. in psychology and began counselling at the Industrial Relations Center. Dr. Farson held leadership positions in a number of research institutions. He co-founded the Western Behavioral Sciences Institute, where he served as president and CEO. He

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was later appointed as the founding dean of the California Institute of the Arts School of Design and served as president of the Esalen Institute. Drs. Rogers and Farson collaborated on many projects, including 1957's Active Listening. They also led a 16-hour group therapy session that was recorded and released as a film called Journey Into Self. The film won the 1968 Academy Award for Best Documentary. Active Listening describes a method of communication used in counselling and conflict resolution. Rather than serving as a passive participant in a conversation, active listeners take a functional role in helping the speaker to work out their issues. As the speaker shares, the listener repeats back what they've heard in their own words. This both confirms that they've heard the speaker and verifies that they understand. Unlike the way many of us instinctively communicate - trying to get another to see things from our own perspective - active listening requires that we see things from the speaker's perspective. The listener must address not only the meaning of the words, but also the feeling behind them, in order to make the speaker truly feel heard. These feelings can be conveyed through words, tone, volume, body language, and even breathing. This method is not without risks. It can be tempting to lose your sense of self in the practice of sensing the feelings of another person. As Drs. Rogers and Farson put it, "It takes a great deal of inner security and courage to be able to risk one's self in understanding another." In contrast to many psychological texts, Active Listening is written for the non-clinician or psychologist. In plain, everyday language, the book explains both the concepts of active listening and how they can be applied to

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the workplace. Employers who engage in active listening, the book argues, can help employees to become more cooperative, less argumentative, and clearer in their own communication. While the book is written in the context of the employee/employer relationship, the technique can be applied to all relationships in our lives. The concept is still highly influential, and Drs. Rogers and Farson's ideas about client-centered psychology are used in clinical practice today.

Written by the founder of humanistic psychology, Rogers traces his personal and professional life from the 1960s to the 1980s, and offers new insights into client-centered therapy.

Selected from a body of Rogers' work, essays deal with his approach to psychotherapy, theory and research, and philosophies.

Students deserve great teachers and learning to become a great teacher is a lifelong journey. On Becoming a Teacher guides both the new and experienced teacher through the exhilarating process of learning to educate students in a way that makes a lasting impact on their lives. Dr. Kearney leads the reader through the process of understanding what lies at the foundation of great teaching, loading each essay with ready-for-classroom use applications and challenging ideas. This

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book is designed to encourage the reader to think deeply about all aspects of education, while instilling, or rekindling, the excitement, enthusiasm, and teaching excellence shared by all great teachers. Written in conversational essay form and supplemented with discussion and reflection questions, this brief book would make an ideal classroom text for student teaching and education seminars. Whether you aspire to teaching excellence at the elementary school, middle school, high school, or collegiate level, *On Becoming a Teacher* is a must read. Author Bio: Edmund M. Kearney, Ph.D. is Professor of Psychology at Lewis University. Dr. Kearney has won numerous teaching awards over the past 20 years, including being named the “Teacher of the Year” at the Chicago School of Professional Psychology, the Lasallian Educator of the Year for teaching excellence at Lewis University, and the St. Miguel Febres Cordero Award winner for excellence in scholarship at Lewis University. Dr. Kearney’s specialty areas in psychology include cognition, special education, child and adolescent assessment, and the scholarship of teaching and learning.