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It explores 17 key counselling skills, including: -asking questions -monitoring -facilitating problem solving -negotiating homework Each chapter describes a particular skill, illustrates it using clear case examples across a range of settings and then helps you consolidate and practise what you've learned through a set of creative activities.

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Basic counselling skills: a helper's manual Richard Nelson-Jones [Management books] By: Nelson-Jones, Richard . Material type: Text Publisher: Sage Publications Ltd; London 2008 Edition: 2 .

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Core Counselling Skills 1. Attending. Attending in  
counselling means being in the company of someone  
else and giving that person your full... 2. Silence.  
Silence in counselling gives the client control of the  
content, pace and objectives. This includes the... 3.

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Reflecting and Paraphrasing. ...

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As a definition of counselling, The British Association for Counselling & Psychotherapy (BACP – the largest organisation in the UK that oversees counselling and counselling ethics) states that: "Counselling takes place when a counsellor sees clients in a private and confidential setting to explore a difficulty the client is having, distress they may be experiencing, their dissatisfaction ...

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The Second Edition of Basic Counselling Skills: A Helper s Manual is written as a straightforward, step-by-step guide to support the training and practice of all those people who use counseling skills as part of their role. Short and accessible chapters discuss base principles of the helping relationship, then follow through universal counseling skills drawing upon a range of experiential activities from across the helping profession.

*Basic Counselling Skills: A Helper's Manual - Richard*

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Basic Counselling Skills is a step-by-step guide for all who use counselling skills as part of their role.

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A very accessible text with clear guidance on how to develop basic counselling skills for helpers or those considering progression into a professional counselling role. Mrs Suzi Smale. Petroc, Petroc. August 18, 2016. Report this review. Helpful introduction for students to counselling.

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Product Information: Counselling skills are used by professionals and volunteers to help others in a wide range of circumstances and settings. This book covers skills including: active and attentive listening; structuring the helping process; offering challenges and giving feedback; facilitating problem-solving; and, practical strategies for changing thinking.

*Basic Counselling Skills: A Helper's Manual by Nelson*

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Counselling skills help us communicate effectively and enable us to relate better to the people we are

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talking to. The following are essential to good counselling skills: Communicating that we are listening by providing verbal or non-verbal awareness of the other person.

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